



PERSONAL GROWTH

I. INVOLVEMENT (Required)

- A. Be age 15 OR in grade 10, or its equivalent.
- B. Be an active member of the AY Society OR Pathfinder Club.

II. COMMITMENT (Required)

- A. Repeat from memory the AY Aim and Motto.
- B. Illustrate the meaning of the Motto by doing one of the following:
 1. Art project
 2. Written composition
 3. Panel discussion
 4. Role playing
 5. Skit
 6. Musical interpretation

III. GROWTH (Required)

- A. Earn the Guide Reading Certificate OR the Senior Reading Certificate.★

SPIRITUAL DISCOVERY

I. SCRIPTURE (Required)

- A. Memorize a Bible text for each of the following subjects: prayer, doctrine, behavior, salvation, relationships, promises/praise, great passages.★
- B. Trace the origin of 3 Bible versions that are presently available in your native language, OR list five kinds of laws God gave to Israel, and compare their practical application to yourself in today's society.★

II. CHURCH HERITAGE (Optional)

- A. Read and outline 3 stories of Adventist pioneers. Tell these stories during a

Pathfinder Club or AY worship time, OR fulfill other options in *Instructor's Manual*.★

III. CHRISTIAN HERITAGE (Optional)

- A. Role play an experience during the closing moments of earth's history.

SERVING OTHERS

I. ONE TO ONE (Optional)

- A. Make a personal visit to a non-SDA person, and share the gospel, and outline a plan to spend one year to lead that person to be a disciple for Christ.

II. GROUP WITNESS (Optional)

- A. Receive training in an outreach program, and participate for 10 hours in an outreach program.

III. COMMUNITY OUTREACH (Optional)

- A. Spend a minimum of 4 hours with a pastor or his associate, assisting him in his pastoral duties, such as Bible studies, hospital calls, and home visitation.

MAKING FRIENDS

I. BUILDING RELATIONSHIP (Optional)

- A. List and discuss 10 guidelines for being a good life companion, and weigh the value of a Christian home vs. a non-Christian home.

II. CHRISTIAN LIFESTYLE (Optional)

- A. Give a written or oral report on respect for God's law and civil authority, and list 20 guidelines for moral behavior, and explain each.

III. GOOD CITIZENSHIP (Optional)

- A. Listen to a lecture on career opportunities for Christians. Visit people working in three careers of your choice and discuss your findings.

HEALTH & FITNESS

I. HEALTH PRINCIPLES (Optional)

- A. Make a presentation to elementary students regarding the laws of good health.
- B. Make a presentation to elementary students discussing the dangers of drug, alcohol, or tobacco use.

II. FIRST AID/SAFETY (Optional)

- A. Complete a Red Cross First Aid class, OR lead a group through the Red Alert Honor.★★
- B. Study and practice "Traffic Safety".★

III. FITNESS/EXERCISE (Optional)

- A. Choose one lifetime exercise activity and record your exercise for 4 months.★
- B. Complete one of the fitness tests for your age:★
 1. President's Physical Fitness
 2. Canadian Fitness
 3. Health-Related Physical Fitness (for physically disabled)

Set goals and improve.

YOUTH ORGANIZATION

I. LEADERSHIP (Optional)

- A. Attend a conference-sponsored basic Pathfinder Leadership course.
- B. Plan and teach two requirements in each of the following honor:★★
 1. Camping Skills #3 Honor

- 2. Camping Skills #4 Honor

II. CLUB AWARENESS (Optional)

- A. Discuss with your club staff the club-community involvement in the total Pathfinder Club program, OR for AY Societies, invite a Pathfinder expert to speak to your group.★

III. PATHFINDER PROGRAMMING (Optional)

- A. Plan, participate in, and evaluate your Pathfinder club's involvement with the community in the following:
 1. Induction
 2. Club meeting
 3. Pathfinder Sabbath
 4. Investiture service
 5. Quarterly scheduling
 6. Club campout
- B. Complete the requirements for the Advanced Drilling and Marching Honor.★

NATURE STUDY

I. SPIRITUAL LESSONS (Required)

- A. Read the story of Jesus' childhood in *The Desire of Ages*, ch. 7, and relate it to the place of nature study in His education and ministry by giving orally before an audience an original nature lesson (parable) drawn from your observations.

II. NATURE APPRECIATION

- A. Spiders/Rocks and Minerals Complete a spider web study project, OR collect or obtain and identify 15 different kinds of rocks and minerals.
- B. Ecology/Fungi List 10 ways in which you might actively work to improve the environment

In which you live. Put 4 into practice, OR, photograph or draw 15 different fungi and correctly identify them.

III. NATURE HONOR

- A. Complete a nature honor at your skill level, not previously earned.★★

OUTDOOR LIVING

I. OUTDOOR SKILLS (Optional)

- A. Lead an individual or group through a Knot Tying Honor requirement.★★
- B. Learn or review the Wilderness Safety rules.★

II. OUTDOOR ACTIVITY (Optional)

- A. Earn one of the following honors, not previously earned:★★
 1. Pioneering
 2. Winter Camping
 3. Backpacking
 4. Wilderness Living
 5. Outdoor Leadership

HONOR ENRICHMENT

I. ARTS & CRAFTS & HOBBIES HOUSEHOLD ARTS

- A. Complete one honor at your skill level, not previously earned, in the area of art, craft, hobby, or household skills.★★

II. RECREATIONAL/ VOCATIONAL/OUTDOOR INDUSTRIES

- A. Complete one honor at your skill level, not previously earned, in the area of recreational skills, vocational studies, or outdoor industries.★★
- B. Earn the Beginners Swimming Honor, if not previously earned.★★

INSTRUCTOR CHECK-OFF LIST

PERSONAL GROWTH

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____

SPIRITUAL DISCOVERY

- I. A. _____
B. _____
- II. A. _____
- III. A. _____

SERVING OTHERS

- I. A. _____
- II. A. _____
- III. A. _____

MAKING FRIENDS

- I. A. _____
- II. A. _____
- III. A. _____
B. _____

HEALTH & FITNESS

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____
B. _____

YOUTH ORGANIZATION

- I. A. _____
B. _____
- II. A. _____
- III. A. _____
B. _____

NATURE STUDY

- I. A. _____
- II. A. _____
B. _____
- III. A. _____

OUTDOOR LIVING

- I. A. _____
B. _____
- II. A. _____

HONOR ENRICHMENT

- I. A. _____
- II. A. _____
B. _____

★ see *Instructor's Manual* for qualifying requirements.
★★ see *AY Honors Handbook* for requirement helps.

For the Guide Class see the *Instructor's Manual* for the explanation of its requirements.
For the Frontier Guide do all the required, optional and above stated requirements.