



PERSONAL GROWTH

I. INVOLVEMENT (Required)

- A. Be age 10 OR in grade 5, or its equivalent.
- B. Be an active member of the AJY Society OR Pathfinder Club.

II. COMMITMENT (Required)

- A. Repeat from memory the AJY/Pathfinder Pledge and Law.
- B. Read *The Happy Path*.

III. GROWTH (Required)

- A. Earn the Friend Reading Certificate OR the Junior Reading Certificate.★

SPIRITUAL DISCOVERY

I. SCRIPTURE (Required)

- A. Memorize a Bible text for each of the following subjects: prayer, doctrine, behavior, salvation, relationships, promises/praise, great passages.★
- B. Recite in order the names of the Old Testament Books of the Bible and know the five areas into which the books are grouped. Demonstrate your ability to find any given book.

II. CHURCH HERITAGE (Optional)

- A. During several worship periods read with your parents the historical prologue to the book *Early Writings* and list the main events of the founding of the SDA church, OR fulfill other options in *Instructor's Manual*.★

III. CHRISTIAN HERITAGE (Optional)

- A. In consultation with your leader choose one of the following Old Testament characters: Joseph, Jonah, Esther or Ruth, and discuss with your group Christ's loving care and deliverance as shown in the story.
- B. Discover your family's spiritual roots.★

SERVING OTHERS

I. ONE TO ONE (Optional)

- A. Visit an absent member of your group and follow it up with a phone call, letter, or card encouraging attendance.

II. GROUP WITNESS (Optional)

- A. Become acquainted with a new person through a sharing activity, and make at least 3 additional contacts with that person.

III. COMMUNITY OUTREACH (Optional)

- A. With the help of 2 or 3 friends spend 4 hours working for your church, school, or community.

MAKING FRIENDS

I. BUILDING RELATIONSHIP (Optional)

- A. List 10 qualities of being a good friend, and discuss 4 everyday situations where you have practiced the "Golden Rule".

II. CHRISTIAN LIFESTYLE (Optional)

- A. Discuss and demonstrate good table manners with your parents/ guardian or group leader.

III. GOOD CITIZENSHIP (Optional)

- A. Say the pledge of allegiance to your flag. Explain the meaning of it.
- B. Sing or say your national anthem and explain its meaning.

HEALTH & FITNESS

I. HEALTH PRINCIPLES (Optional)

- A. Discuss the temperance principles in the life of Daniel, OR participate in a presentation or role play on Daniel 1.
- B. Explain the dangers and the effects of alcohol, tobacco, and drugs.

II. FIRST AID/SAFETY (Optional)

- A. Complete the Red Alert Honor.★★
- B. Study and practice "Personal Safety".★

III. FITNESS/EXERCISE (Optional)

- A. Have had a physical exam by your family doctor in conjunction with school policy.
- B. Complete one of the fitness tests for your age:★
 1. President's Physical Fitness
 2. Canadian Fitness
 3. Health-Related Physical Fitness (for physically disabled)

Set goals and improve.

YOUTH ORGANIZATION

I. LEADERSHIP (Optional)

- A. Learn the names of your club leaders or Sabbath School leaders and tell how they work together.

- B. Take a 3-hour or 5-mile (8 km) hike and identify track and trail signs along the way. Discuss how the activity was planned.

II. CLUB AWARENESS (Optional)

- A. Discuss with your counselor your involvement in the total Pathfinder Club program, OR for AJY Societies, invite a Pathfinder expert to speak to your group.★

III. PATHFINDER PROGRAMMING (Optional)

- A. Take part in three of the following:
 1. Induction
 2. Club meeting
 3. Pathfinder Sabbath
 4. Investiture service
 5. Quarterly scheduling
 6. Club campout
- B. Complete requirements 1 and 4 of the Drilling and Marching Honor.★

NATURE STUDY

I. SPIRITUAL LESSONS (Required)

- A. Review the story of the lost sheep, and find at least 3 other examples in nature that are used in the Bible to describe the character of God.

II. NATURE APPRECIATION

- A. Birds/Mammals
Set up a feeding station for the birds or mammals. Report on the types of visitors appearing during the week.
- B. Seeds
Collect or obtain and identify 15 different kinds of seeds OR help set up and observe a terrarium for amphibians/reptiles.

III. NATURE HONOR

- A. Complete a nature honor at your skill level, not previously earned.★★

OUTDOOR LIVING

I. OUTDOOR SKILLS (Optional)

- A. Tie and know the practical use of ten knots.
- B. Learn the safety rules for camping.★

II. OUTDOOR ACTIVITY (Optional)

- Earn Camping Skills #1 Honor.★★

HONOR ENRICHMENT

I. ARTS & CRAFTS & HOBBIES HOUSEHOLD ARTS

- A. Complete one honor at your skill level, not previously earned, in the area of art, craft, hobby, or household skills.★★

II. RECREATIONAL/ VOCATIONAL/OUTDOOR INDUSTRIES

- A. Complete one honor at your skill level, not previously earned, in the area of recreational skills, vocational studies, or outdoor industries.★★
- B. Earn the Beginners Swimming Honor.★★

INSTRUCTOR CHECK-OFF LIST

PERSONAL GROWTH

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____

SPIRITUAL DISCOVERY

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____

SERVING OTHERS

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____

MAKING FRIENDS

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____
B. _____

HEALTH & FITNESS

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____
B. _____

YOUTH ORGANIZATION

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____
B. _____

NATURE STUDY

- I. A. _____
B. _____
- II. A. _____
B. _____
- III. A. _____

OUTDOOR LIVING

- I. A. _____
B. _____
- II. A. _____
B. _____

HONOR ENRICHMENT

- I. A. _____
B. _____
- II. A. _____
B. _____

★ see *Instructor's Manual* for qualifying requirements.
★★ see *AJY Honor Handbook* for requirement helps.

For the Friend Class see the *Instructor's Manual* for the explanation of its requirements.
For the Trail Friend do all the required, optional and above stated requirements.