

# EXPLORER



## ADVENTIST YOUTH CLASS

Name \_\_\_\_\_

Printed in U.S.A.

# PERSONAL GROWTH

Requirements	Examiner's Signature	Date Met
<b>I. INVOLVEMENT (Required)</b>		
A. Be age 12 <b>OR</b> in grade 7, or its equivalent.	_____	_____
B. Be an active member of the AJY Society <b>OR</b> Pathfinder Club.	_____	_____
<b>II. COMMITMENT (Required)</b>		
A. Repeat from memory the AJY/ Pathfinder Pledge and Law.	_____	_____
B. Illustrate the meaning of the Pledge by doing one of the following:		
1. Art project		
2. Written composition		
3. Panel discussion		
4. Role playing		
5. Skit		
6. Musical interpretation	_____	_____
<b>III. GROWTH (Required)</b>		
A. Earn the Explorer Reading Certificate <b>OR</b> the Junior Reading Certificate.*	_____	_____

**Requirement:** Do Sections I, II, and III for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\*See **Instructor's Manual** for qualifying requirements.

# SPIRITUAL DISCOVERY

Requirements	Examiner's Signature	Date Met
<b>I. SCRIPTURE (Required)</b>		
A. Memorize a Bible text for each of the following subjects: prayer, doctrine, behavior, salvation, relationships, promises/praise, great passages.*	_____	_____
B. Give an oral or written report on 3 Biblical prophets, <b>OR</b> name at least 10 Bible authors and their vocations, and identify 3 of the original languages of the Bible.	_____	_____
<b>II. CHURCH HERITAGE (Optional)</b>		
A. Read about Ellen G. White's vision of the Battle of Bull Run during the American Civil War. Go to the library and read one account of that battle and discuss with your counselor the differences between the two accounts, <b>OR</b> fulfill other options in <b>Instructor's Manual</b> .*	_____	_____
<b>III. CHRISTIAN HERITAGE (Optional)</b>		
A. Role play the experience of a person of the New Testament church (Acts).	_____	_____

**Requirement:** Do Section I and select either Section II or III for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

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# SERVING OTHERS

Requirements	Examiner's Signature	Date Met
<b>I. ONE TO ONE (Optional)</b>		
A. Make a personal visit to a sick person you know and follow it up with a letter, phone call, or card of encouragement.	_____	_____
<b>II. GROUP WITNESS (Optional)</b>		
A. Explain how you can share your faith, and participate in 4 hours of outreach programs.	_____	_____
<b>III. COMMUNITY OUTREACH (Optional)</b>		
A. With the help of 2 or 3 friends, spend 8 hours working for your church, school, or community.	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

# MAKING FRIENDS

Requirements	Examiner's Signature	Date Met
<b>I. BUILDING RELATIONSHIP (Optional)</b>		
A. Participate in a panel discussion or skit on peer pressure and its role in your decision making.	_____	_____
<b>II. CHRISTIAN LIFESTYLE (Optional)</b>		
A. Earn the honor in Christian Grooming and Manners OR Family Life.**	_____	_____
<b>III. GOOD CITIZENSHIP (Optional)</b>		
A. Tour your municipal offices OR have a city official visit your group and explain five ways you can cooperate with them.	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements. Do Sections I, II, and III for the advanced classes.

\*\*See AY Honors Handbook for requirements.

# HEALTH and FITNESS

Requirements	Examiner's Signature	Date Met
<b>I. HEALTH PRINCIPLES (Optional)</b>		
A. Make a list of 5 health laws given to Moses. Tell how they have been verified in modern times.	_____	_____
B. Discuss the effects of caffeine and related stimulants, and show how to avoid depression.*	_____	_____
<b>II. FIRST AID/SAFETY (Optional)</b>		
A. Complete the Basic Rescue Honor.**	_____	_____
B. Study and practice "Bicycle Safety".*	_____	_____
<b>III. FITNESS/EXERCISE (Optional)</b>		
A. Discuss the advantages and disadvantages of individual sports and team sports as your primary exercise program.*	_____	_____
B. Complete one of the fitness tests for your age:*		
1. President's Physical Fitness		
2. Canadian Fitness		
3. Health-Related Physical Fitness (for physically disabled)		
Set goals and improve.	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements. Do Sections I, II, and III for the advanced classes.

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# YOUTH ORGANIZATION

Requirements	Examiner's Signature	Date Met
<b>I. LEADERSHIP (Optional)</b>		
A. Lead out in your club's opening exercises or Sabbath School program.	_____	_____
B. Participate in and evaluate a weekend campout.	_____	_____
<b>II. CLUB AWARENESS (Optional)</b>		
A. Discuss with your club director your club's involvement in the total Pathfinder Club program, OR for AJY Societies, invite a Pathfinder expert to speak to your group.*	_____	_____
<b>III. PATHFINDER PROGRAMMING (Optional)</b>		
A. Help plan, participate in, and evaluate your club in five of the following:		
1. Induction		
2. Club meeting		
3. Pathfinder Sabbath		
4. Investiture service		
5. Quarterly scheduling		
6. Club campout	_____	_____
B. Complete the requirements of the Drilling and Marching Honor.**	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements. Do Sections I, II, and III for the advanced classes.

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# NATURE STUDY

Requirements	Examiner's Signature	Date Met
<b>I. SPIRITUAL LESSONS (Required)</b>		
A. Review the story of the flood, and study at least 3 different fossils; explain their origin and relate them to breaking God's laws.	_____	_____
<b>II. NATURE APPRECIATION (Optional)</b>		
<b>A. Stars</b>		
Be able to identify in the sky the North Star, Big Dipper, Little Dipper, and Orion. Explain the spiritual significance of Orion as told in <i>Early Writings</i> , p. 41.	_____	_____
<b>B. Weather/Ferns</b>		
Record and graph the weather for 2 weeks at 12-hour intervals. Include temperature, moisture, cloud formation, and wind direction, OR draw or photograph, and identify, 10 kinds of ferns.	_____	_____
<b>III. NATURE HONOR (Optional)</b>		
A. Complete a nature honor at your skill level, not previously earned.**	_____	_____

**Requirement:** Do Section I for the standard class requirements. Do Sections I, II, and III for the advanced classes.

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